

✿ Financial Entitlements for Autistic People (UK – 2026)

Whether you're **employed, unemployed, or unable to work**, autistic people may be eligible for a range of financial support, discounts, grants, and cost-of-living help.

✿ 1. Disability Benefits (Non-Means-Tested)

Personal Independence Payment (PIP)

- For autistic people aged **16–State Pension age**.
- Helps with **daily living** and **mobility**; not affected by income or work status. [\[autismsupport.co.uk\]](https://autismsupport.co.uk)
- Rates depend on how autism affects daily tasks (e.g., planning, sensory needs, communication).
- Unlocks many *extra discounts* (see section below). [\[purpldiscounts.com\]](https://purpldiscounts.com)

Disability Living Allowance (DLA) (Children under 16)

- For children who need extra care or support due to autism. [\[asdhelping...nds.org.uk\]](https://asdhelping...nds.org.uk)

🗣️ 2. Benefits if You're Out of Work or Limited in Work

Universal Credit (UC)

- For low-income individuals or households; can include housing and disability-related elements.
- LCWRA (Limited Capability for Work and Related Activity) rules change in 2026, but existing claimants keep support levels. [\[autism.org.uk\]](https://autism.org.uk)

Statutory Sick Pay (if employed)

- If you are employed but unable to work temporarily due to disability-related challenges. [\[autism.org.uk\]](https://autism.org.uk)

🗣️ Financial Help -Swindon Links

✓ Council Tax Support (Swindon)

Up to 80–100% support depending on circumstances.

🔗 <https://swindonpost.co.uk/articles/financial-support-swindon> [\[swindonpost.co.uk\]](https://swindonpost.co.uk)

✓ Discretionary Housing Payment (Swindon)

For people receiving Housing Benefit or UC housing support but still struggling with rent.

🔗 <https://swindonpost.co.uk/articles/financial-support-swindon> [\[swindonpost.co.uk\]](https://swindonpost.co.uk)

✓ Citizens Advice Swindon – Benefits, PIP & Appeals Help

☎️ 0808 2787 813

🔗 <https://swindonpost.co.uk/articles/financial-support-swindon> [\[swindonpost.co.uk\]](https://swindonpost.co.uk)



3. Support for Working Autistic People

Access to Work

- Grants for: job coaching, sensory-friendly adjustments, transport, assistive tech.
- Helps you start or stay in work. [\[mypatienta...vice.co.uk\]](#)

4. Free Prescriptions (England)

You may qualify for **free NHS prescriptions** if you meet any of the following:

✓ Age or Education

- Under 16
- 16–18 in full-time education
- 60+ [\[nhsbsa.nhs.uk\]](#), [\[govexplained.co.uk\]](#)

✓ Benefits

You get free prescriptions if you receive:

- **Income Support**
- **Income-based JSA**
- **Income-related ESA**
- **Pension Credit (Guarantee Credit)**
- **Universal Credit** with earnings under the threshold (£435/month or £935 w/ children or LCW) [\[nhsbsa.nhs.uk\]](#)

✓ Medical Exemption (MEDEX certificate)

- For long-term health conditions like epilepsy, diabetes, cancer, hypothyroidism etc.
- Applies if you have a qualifying condition regardless of autism. [\[carehome.co.uk\]](#), [\[britbrief.co.uk\]](#)

✓ Low-Income Scheme

- HC2 certificate = *free prescriptions*. [\[nhsbsa.nhs.uk\]](#)

5. Help with Food Costs

Food Vouchers (Household Support Fund)

- Councils can provide **food vouchers** or supermarket e-vouchers for low-income or vulnerable adults, funded by the DWP Household Support Fund.
- Varies by local authority. [\[ukbenefits.co.uk\]](#)



Local Food Banks & Community Pantries

- Many require **no referral** and offer free or low-cost food options.
- Includes community fridges, soup kitchens, and social supermarkets. [[scope.org.uk](https://www.scope.org.uk)]
- [Swindon assistance fund | Swindon Borough Council](#)

Crisis Funds from Local Authorities

- Emergency supermarket vouchers or one-off payments in cases of hardship. [[scope.org.uk](https://www.scope.org.uk)]

6. Discounts & Concessions for Autistic/Disabled People

CEA Cinema Card

- Free companion ticket at **90% of UK cinemas**. [[capuk.org](https://www.capuk.org)], [[homecare.co.uk](https://www.homecare.co.uk)]

Travel Discounts

- Disabled Persons Railcard → **1/3 off rail fares**.
- Local bus passes or discounted travel options depending on region. [[ukcareguide.co.uk](https://www.ukcareguide.co.uk)]

Vehicle Tax Exemption/Reduction

- Available if receiving qualifying PIP mobility component. [[purpldiscounts.com](https://www.purpldiscounts.com)]

Blue Badge Scheme

- Priority/accessible parking for people with mobility difficulties (often granted with PIP). [[purpldiscounts.com](https://www.purpldiscounts.com)]

Motability Scheme

- Exchange PIP mobility payments for a car, scooter, or powered wheelchair. [[purpldiscounts.com](https://www.purpldiscounts.com)]

Days Out & Attractions

- Many venues provide free carer entry, discounted tickets, or access support. [[capuk.org](https://www.capuk.org)]

Council Tax Reduction

- Disabled Band Reduction Scheme (lower Council Tax band if home has adaptations). [[enfold.org.uk](https://www.enfold.org.uk)]

7. Home & Daily Living Support




Disabled Facilities Grants

- Helps fund home adaptations (ramps, sensory-friendly bathrooms, safety changes). [\[gov.uk\]](#)

Direct Payments


- Funds to buy your own support instead of using council-provided services. [\[gov.uk\]](#)

Community First – Wiltshire & Swindon Charity Support

- Helps with community programmes, transport, grants, youth projects.
 <https://www.communityfirst.org.uk/> [\[communityf...rst.org.uk\]](#)

Autism & ADHD Family Support in Swindon

The Roxi Foundation (Autism & ADHD support)

- Offers grants, awareness events, and neurodiversity advocacy.
 <https://theroxifoundation.co.uk/> [\[theroxifou...tion.co.uk\]](#)

8. Help With Energy Bills

Cold Weather Payments

- ~£25 automatically paid during periods of severe cold weather if you get qualifying benefits.
[\[sense.org.uk\]](#)

Warm Home Discount (£150)

- Discount applied directly to electricity bills for qualifying households. [\[sense.org.uk\]](#)

9. Carer Support

Carer's Allowance

- For people caring for someone with autism 35+ hours per week.
- Paid weekly; eligibility depends on the cared-for person receiving PIP/DLA.
[\[asdhel...nds.org.uk\]](#), [\[enfold.org.uk\]](#)